



TREATMENT PREPARATION

TREATMENT: **HydraFacial Baseline**

PRODUCTS USED: **HydraFacial™**

ONE WEEK PRIOR TO TREATMENT

Avoid sun exposure for at least one week prior to and after your treatment. **Use a broad-spectrum SPF 30+ during the day ALWAYS - and apply 15 minutes prior to casual sun exposure.**

TWO DAYS PRIOR

- Discontinue retinols and prescription retinoid products (i.e. Retin-A, Renova, Differin) for two days prior and two days after your treatment. Your practitioner will determine when it is safe to resume these products after you have fully healed from your treatment.
- Avoid any type of exfoliating treatments such as glycolic acid or enzymes for two days prior and two days after your treatment.
- Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the area(s) to be treated for 2 days prior to your treatment.
- Discontinue the use of benzoyl peroxide products, hydroquinone, or any other product that can cause dryness, redness or irritation two days prior to and two days after your treatment.
- Hydrafacial may cause a cold sore or fever blister, which can lead to more serious complications. If indicated, 2 days prior to procedure, you will be asked to take an anti-viral and/or antibiotic. Treatments may not be performed if you have an active cold sore and you may be asked to reschedule.

DAY OF TREATMENT

For men, shaving is not recommended on the day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.

YOU WOULD NOT BE CONSIDERED A CANDIDATE IF YOU HAVE ANY OF THE FOLLOWING:

- You have an active cold sore.
- You have had recent surgery in the area(s) to be treated.

If you have any additional questions or concerns, please do not hesitate to contact us at 414.488.7900.