



POST TREATMENT INSTRUCTIONS

TREATMENT: **HydraFacial Baseline**

DEVICE USED: **HydraFacial™**

Following post-care guidelines is crucial to the health of your skin and success of your results.

24 HOURS POST TREATMENT

- If you do not need to apply makeup for the remainder of the day it is recommended not to.
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hours after treatment.

48 HOURS POST

- Discontinue the use of prescription retinoid products (i.e. Retin-A, Renova, Differin) for at least 48 after treatment.
- Avoid waxing and use of depilatories for 48 hours after treatment.
- Discontinue use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid for 48 hours after treatment
- Avoid any type of exfoliating treatments such as glycolic acid or enzymes to the area for 48 hours after your HydraFacial treatment.

72 HOURS-2 WEEKS POST

- Continue to avoid sun exposure to the treatment area and apply a broad-spectrum sunblock SPF 30+ or higher with zinc oxide and titanium dioxide. Apply it at least 30 minutes prior to sun exposure and repeat every two hours.
- Avoid any medium and/or deep chemical resurfacing treatments (peels) and laser treatments for 2 weeks after your HydraFacial treatment.

If you suddenly develop other symptoms or have any questions regarding your treatment (or these instructions), please contact our office to speak to one of our RN's at 414.488-7900.