



TREATMENT PREPARATION

TREATMENT: **Laser Hair Removal**

DEVICE USED: **Lumenis Splendor X / Sciton BBL**

TWO WEEKS PRIOR TO TREATMENT

- Avoid IPL or Laser Hair Removal 2 weeks prior to your appointment.
- Avoid sun exposure for at least 2 weeks prior to and throughout the course of your treatments. Use a broad-spectrum SPF 30+ during the day ALWAYS - and apply 15 minutes prior to casual sun exposure.

ONE WEEK PRIOR

- Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the area(s) to be treated.
- Avoid receiving dermal fillers one week before your treatment.

FIVE DAYS PRIOR

Discontinue retinols and prescription retinoid products (i.e. Retin-A, Renova, Differin) for 1 week prior and one week after treatment. Your practitioner will determine when it is safe to resume these products after you have fully healed from your treatment.

THREE DAYS PRIOR

Discontinue the use of benzoyl peroxide products or any other product that can cause dryness, redness or irritation 3 days prior to your treatment.

TWO DAYS PRIOR

Chemical peels may cause a cold sore or fever blister, which can lead to more serious complications. If indicated, 2 days prior to procedure, you will take an anti-viral and/or antibiotic by your provider. If you have an active cold sore you must reschedule.

24 HOURS PRIOR

Avoid receiving wrinkle reducer injections 24 hours before your treatment.

DAY OF TREATMENT

Please arrive with a cleansed face free of moisturizer and makeup.

YOU WOULD NOT BE CONSIDERED A CANDIDATE IF YOU HAVE ANY OF THE FOLLOWING:

- You are allergic to any of the chemical peel ingredients
- You have used Isotretinoin (Accutane) within the last 12 months.
- You have a skin infection or other condition in the injection area
- You have an active cold sore.
- You have had recent surgery in the area(s) to be treated.

If you have any additional questions or concerns, please do not hesitate to contact us at 414.488.7900.